

ASPIRE

Assessing the Safety of
Pregnancy In the
CoRoNavirus PandEmic



What is ASPIRE?

ASPIRE is a nationwide prospective cohort study of pregnant women and their babies during the COVID-19 pandemic.

ASPIRE is focused on the **first trimester of pregnancy**, the critical and vulnerable period when the fetal organ systems form and the placenta establishes its connection between mother and baby.

This study will help us understand the implications of COVID-19 exposure during pregnancy and **promote the health and safety of pregnant women and their babies everywhere.**

Am I eligible?

If your pregnancy is 4-10 weeks along (gestation), you are eligible to enroll.



What will I need to do?

You'll be asked to:

- Submit frequent, quick (<1 minute each) symptom tracking reports using your mobile phone and/or computer
- Collect finger-stick blood samples from home at several points throughout your pregnancy
- Give permission to review medical records related to your pregnancy, delivery and baby's development
- Complete questionnaires online about your health during your pregnancy and after delivery of your baby.

For more information or to REGISTER,
visit us at:

ASPIRE.ucsf.edu

If you have questions, please contact the study team at: ASPIRE@ucsf.edu